



The Body Mind Connection



This class helps us to see the connection between what we “think” and how our bodies feel. Often times our beliefs are so hidden from our conscious mind that we do not realize how they are manifesting on the physical level. We will uncover some of the beliefs that are holding us back and how to move forward with positive thoughts.



Rhonda Felix is a licensed massage therapist, “Achieve Your Life - Achieve Your Dreams” Louise Hay Teacher Training Graduate and a successful Maui business woman for over 20 years.

398510 / \$44

Sat 9:00AM - 12:00PM

7/24/10

Soul Space Center Wailuku

FOR MORE INFORMATION CALL: **984-3231 - OCET.ORG**