SOUL SPACE MAUI RENEWAL CENTER

Community Speaker

Author Dr. Gina Kim, D.C.

Tuesday, December $15^{th} \sim 6:30 - 8:00 \text{ pm}$



Come hear Gina speak and share her knowledge. *The Power to Heal Yourself* is a dynamic book that teaches us to live in body-mind-soul balance and harmony, enjoying life to the fullest. You can learn to alleviate stress, pump and dump negativity, headaches, sore throats, arthritis, environmental issues and other ailments, as

well as balancing exercises for the brain, meridians, healthy cells, relax soul mode, stretches, affirmations and prayers. There is wisdom and recommendations in *The Power to Heal Yourself* for people of all ages.

Gina is a long time Maui resident. Both she and her husband, Rick Wilcox, have the Wilcox Chiropractic Center located in Wailuku. Gina has raised two sons here on the island of Maui.

Donation