

SOUL SPACE MAUI RENEWAL CENTER

“Meditation Level 1”

4-Week Series

With

Krista Dawn, Cht, Lmt

In this four-week class you will learn simple, very powerful meditation tools that work. Whether you are looking for ways to relieve stress or wanting to transform your life this class is for you!

Topics include grounding, centering, cleansing your aura, handling emotions, manifesting, etc. This class will be held on Wednesday nights starting January 25th.



Krista Dawn, Cht, Lmt, is a licensed clinical herbal therapist; massage therapist, and pranic healer. She has been working in alternative health and teaching meditation for 13 years. She studied at lightwork spiritual development for 7 years in Vancouver, British Columbia where she obtained certification for meditation instruction. She is a native of Canada, who now resides in Maui.

Date: Wednesday, January 25th thru February 15th

Time: 6:30 - 8:00 pm

Cost: \$100.00 for 4 class series

Pre-Registration Necessary - Call: 264-6592